

February 2023

The Hammock Happenings

VIOLECTRIC

Experience a string rock band like never before

Concert Series

Cliff Erickson Returns!

Ecofriendly Plants

Collaborative study with UF and UCF

Del Webb
sunbridge

Hammock Club 2600 Del Webb Blvd 407-915-3410

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CONTACT INFORMATION

Homeowner's Association
407-915-3410

Gate House
407-915-3409

General Manager
Stacey Peach
speach@castlegroup.com

Property Manager
Randy Inman
rinman@castlegroup.com

Lifestyle Director
Amy Pollock
apollock@castlegroup.com

Castle Group Emergency
800-337-5850

Warranty Department
855-618-0727

Toho Water / US Water
866-753-8292

HomeTeam Pest Defense
407-736-0670

Osceola County Non-Emergency
407-348-2222



Del Webb Sunbridge HOA Website

www.delwebbsunbridgehoa.com

Log in for more information

STACEY PEACH
GENERAL MANAGER



HOA MANAGEMENT UPDATE

We would like to introduce our new Tavern Manager, Michael Riggs. He is working closely with management, support from Castle, the Board and our Tavern Committee to gain a solid understanding of our operation.

On January 26th, we held a brief board of directors meeting to adopt updated Rules & Regulations and ARC Guidelines. This was followed by our Town Hall meeting where an update to the residents included updates on improved procedures to expedite landscape work orders, location and renderings of the dog parks and covered mailbox kiosk. We are researching improvements to sound quality so we can offer attendance virtually in the future.

We will be resuming covenant enforcement and would like to remind everyone to take a look around your home for outstanding property maintenance items and

architectural changes completed without prior approval. Please refer to the updated Rules & Regulations and Architectural Criteria which are posted on our website.

Our frequency, consistency and content of communications to the residents is a focus for 2023. We have implemented a few changes to reduce the chance of the emails going to resident's spam or junk folders. Much of this is outside of our control since it is the receiver's email providers blocking our communications. We are making efforts on our end in hopes this will help.

We welcome your comments and suggestions. Should you have an HOA matter that I can be of assistance, please reach out to me to make an appointment to meet.

Stacey Peach, General Manager



Dr. Patrick Bohlen



Dr. Basil Iannone

LOOKING FOR VOLUNTEERS

Researchers from the University of Florida and the University of Central Florida are collaborating on a project aimed at understanding the environmental and economic costs and benefits of different landscaping styles. We are seeking volunteer participants in the Sunbridge Del Webb community.

What's involved? Participation is easy! Our research team will come to your yard three to four times per year to collect data. We will document the types of plants and flowers you have in your yard, capture different types of insects, and collect small soil samples, all of which will have little to no impact on your landscaping or yard. Participants will be notified of sampling dates ahead of time.

We will use these data to compare yards in the Del Webb's community to the nearby Wesley Park development to understand the value of different landscaping styles (see below). This information will help us learn about the environmental and economic benefits of different landscape approaches and to educate landscape professionals on how to design and manage attractive landscapes that help conserve water and provide habitat for beneficial wildlife. We will share our findings with participants.

We are planning an informational session at the Hammock Club in January where residents can meet the project team and find out more about the project, and we hope to see interested residents there.



HOURS OF OPERATION

Building Hours:

Sunday: 10:00am-7:00pm

Monday-Tuesday: 5:00am-8:00pm

Wednesday-Friday: 5:00am-9:00pm

Saturday: 9:00am-9:00pm

Pool Hours:

Dawn to Dusk– Pool access will be restricted during hours the building is closed.

Children Hours (those under 19):

Sunday-Saturday: 2:00pm-6:00pm

**Reminder, those under 19 are not allowed in the spa or resistance pool.

Sabal Tavern Hours:

Sunday: 12:00pm-7:00pm

Monday: Closed

Tuesday: Closed

Wednesday-Thursday: 12:00pm-7:00pm

Friday-Saturday: 12:00pm-9:00pm

You will need your Resident ID Badge on you at all times.

Please be sure to keep the blue Del Webb Sunbridge lanyard on your ID badge.

*****All hours are subject to change**

RULES & REGULATIONS HIGHLIGHT

LIGHTING

ARCHITECTURAL CRITERIA SECTION M PG 25

The Owner is required to submit an application to the Reviewing Board for review for all exterior lighting modifications. No exterior lighting shall be permitted that constitutes a nuisance or hazard to any Owner or Resident. Lighting must be white only unless otherwise permitted during holidays.



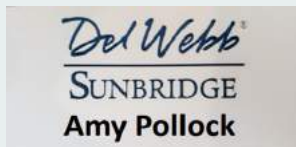
BOARD PRESIDENT TOWN HALL MEETING

The next Board President Town Hall will be held March 30, 2023 at 6:00pm.

You can find past presentations and communications on the website under Board of Directors Communications after logging in or by [Clicking Here](#).

NAME TAGS AVAILABLE FOR PURCHASE

Name tags like the one pictured are available for \$10.00 each. Please contact the front desk to order. Orders will be placed once per month. Please remit payment by check payable to Del Webb Sunbridge HOA.



COMMUNITY PROJECTS

Maintenance has installed lighted stop signs on the major intersections along Del Webb Boulevard.

The gate entry equipment will be enhanced by adding LED lighted arm bars to both lanes and changing the access devices to RFID readers. The gates are now closed during daytime hours and the gatehouse is staffed 24/7.

The entry fountain electrical systems will be revised so that the pumps are not operating during the late night hours.



HAMMOCK CLUB PROJECTS

Additional gym equipment such as benches and weight plates have been added, and we are considering the addition of shades for some of the windows.

The Lifestyle activities have been planned out for the next quarter. Come and enjoy the many activities that are available each week.



A NOTE FROM YOUR LIFESTYLE DIRECTOR

With a new year comes a new look! We have been talking about revamping the newsletter for some time now and it is finally here! We look forward to your feedback on the new layout of the newsletter and calendar.

As always the calendar is ever growing. We have added a volunteer group as well as an outdoor activities group. If you are interested in either of these be sure to join their informational meetings this month to give your input and suggestions. Chartered Clubs are coming soon which means even more groups and clubs will be forming over the coming months. Join our meeting to learn more on Wednesday, February 22nd.

Be sure to join our monthly Lifestyle Meetings to hear from your peers about their groups and share your interests so we can get planning!

Thank you,
Amy Pollock

CALLING ALL CRAFTERS!!

Good news! The Holiday Bazaar was extremely successful. Thank you everyone! Del Webb Sunbridge will be hosting another Craft Fair in the spring. We plan to schedule the two craft fairs annually. A committee has been formed to work on the "Spring Fling." If you would like to be part of the planning process, please send an email to: DWSCraftShows@mail.com.

Each year the Spring Fling will be held on the first Saturday of April and the Holiday Bizarre will be held on the first Saturday in November. Mark your calendars and we hope to see you Saturday, April 1.

Family members can be a vendor when attending with a resident. We hope that this will expand the variety of crafts types at our event. You are also encouraged to invite family and friends to shop the craft show. We have many talented neighbors including woodworking, ceramics, and more. Please spread the word.

We have started to plan our Spring Fling '23 craft show for April 1st (no April fools). If you are interested in registering as a vendor, please send an email to: DWSCraftShows@mail.com with your information including: name, phone #, lot #, and the type of item or business. We will also need to know how many tables (6' or 3'), and if you have folding tables that you can provide for the event should we not have enough tables on hand for everyone.

Your notice of interest will help give us an idea of how many vendors are interested as we are hoping to have this as a free event for the vendors. A formal application will be needed in February.

Thank you! We are all so excited to see this event grow and be able to support our neighbors.

GRANDMA'S CLOSET

Grandma's Closet is a list of items residents are willing to share with other residents. Items can include high chairs, car seats, crutches, walkers, children's pool items, etc.

Kathy Baskett has volunteered to keep track of these items. If you have any odd ball items you would like to share with or borrow from your fellow residents, please feel free to reach out to Kathy.

Kathy Baskett
406-544-9857

KATHY327@LIVE.COM

SPECIAL INTEREST GROUPS

12 STONES GROUP

Wednesdays– 7:00pm
Tech Room

Men's faith group, all faiths welcome

A&E (APPETIZERS & ELIXIRS)

Fourth Thursday– 6:00pm
Multipurpose Room

Formerly the good spirits group. This month's theme will be Rum style drinks and New Orleans themed appetizers. Please bring with you one or more of these to share with the group.

ART MEET

Every other Monday– 11:00am
Wet Craft Room

Join in the fun, bring with you any projects you have been working on or haven't started yet like paints, watercolors, pencils, drawings, pastels, chalks, and collage. This group is open to artists of any level.

ART SERIES

Thursday 2/9– 5:00pm
Saturday 2/25– 9:30am
Intro to Pastels with Michelle Henley
Wet Craft Room

The Art Series is a great way for you all to experience, learn, and possibly share your talent! The Art Series is always looking for residents to share their skills with the community. If you are interested in hosting a class, please reach out to Khris Butt at 215-208-2644.

February 9– 6:00pm
March 2023-
Watercolors Level 2 with Khris Butt

BACKGAMMON

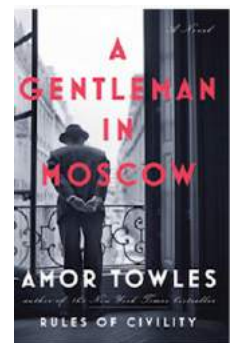
Every other Tuesday– 4:00pm
Multipurpose Room

2 player board game with counters and dice

BOOK GROUP

Every second Tuesday– 7:00pm
Wet Craft Room

Read and discuss a new book every month.
February– A Gentleman in Moscow by Amor Towles



BOWLING GROUP

2/26– 2:00pm
Three Points Bowling
7470 Hoffner Ave. \$12.00
per person for 3 games,
includes shoes

BREWERY CREW

2/18– 2:00pm
Ellipsis Brewing
7500 Tpc Blvd #8.
A group for beer enthusiasts
March 22– [Wine & Dine purchase tickets now](#)

BRIDGE

Wednesdays– 10:30am
Multipurpose Room
Trick taking card game

BUNCO

Every other Monday– 6:30pm
Multipurpose Room
Dice game generally played with twelve or more players, divided into groups of four, trying to score points while taking turns rolling three dice.

SPECIAL INTEREST GROUPS

CANASTA/HAND & FOOT

Tuesdays & Thursdays– 2:00pm
First and fourth Wednesdays– 7:00pm
Multipurpose Room
Card game in the rummy family

CRAFT FAIRS

Spring Fling– 4/1– 10:00am
Holiday Bazaar– 11/4
Multipurpose Room

Our first craft fair was such a success we are already planning our next events. A committee has been formed to work on the Spring Fling. If you would like to be a vendor, please send an email to: DWSCraftShows@mail.com.



CRIBBAGE

Every other Wednesday– 3:00pm
Multipurpose Room
Card game to group cards in combinations to gain points

DOMINOES

Fridays– 2:00pm
Multipurpose Room
Tile based game

EUCHRE

Every other Wednesday– 3:00pm
Multipurpose Room
Trick taking card game

MAHJONG

Sundays– 2:00pm
Mondays– 1:00pm
Multipurpose Room
Tile based game developed in China



MEXICAN TRAIN DOMINOES

Tuesdays– 11:00am
Multipurpose Room
Dominoes based game

MORNING GET TOGETHER

Every other Monday– 9:00am
Multipurpose Room
Bring your morning coffee, tea, or juice to the Hammock Club and get to know your neighbors.

MUSTARD SEEDS

First & third Wednesdays– 7:00pm
Wet Craft Room
Women's faith group, all faiths welcome

PINOCHLE

Tuesdays– 6:30pm
Multipurpose Room
Trick taking card game

SPECIAL INTEREST GROUPS

QUILTER'S CORNER

Every other Tuesday– 1:00pm
Dry Craft Room

Join if you are interested in quilting or sewing or would like to learn. If you have any questions, please contact Brenda Guiver at 916-801-8780 or Brenda.guiver@gmail.com.

RUMMIKUB

Thursdays– 11:00am
Multipurpose Room

Tile based game similar to Rummy card game



SCRABBLE

Fridays– 4:00pm
Multipurpose Room
Board based word game



SCH (SOCIAL CRAFTING HOUR)

Every other Tuesday– 1:00pm
Dry Craft Room

Share your knowledge as well as obtain opinions or help with projects pertaining to crochet, knit, sew, quilt, bead work, scrapbooking, macrame, etc. If you have any questions, please contact Brenda Guiver at 916-801-8780 or Brenda.guiver@gmail.com.

SHOOTING RANGE

2/20– 9:00am
Triple N Ranch

595 Donovan Crews Road. Public shooting facility which features supervised rifle and handgun ranges as well as a 19-station sporting clay course

SPANISH CLASS

New Comers– Tuesdays– 5:30pm
Intermediate– Tuesdays– 6:45pm
Tech Room

Join resident Dulce Deville to learn Spanish or sharpen your skills. All skill levels are welcome.



SPECIAL INTEREST GROUPS

SUNBRIDGE STITCHIN' SISTERS

Wednesdays– 9:00am
Dry Craft Room

Our group sews purses designed to promote and enable the academic success of children throughout Zambia in combination with Sew Powerful. This group is a 501(c)3 charity registered in the state of Washington. Sew Powerful volunteers – sometimes individually, sometimes as part of a Chapter – from around the world make and send their purses to the Sew Powerful headquarters in Seattle. The filled purses are gifted to Zambian schoolgirls as an incentive to stay in school all month, which they would otherwise not be able to do. Visit the SewPowerful.org website for more information.

THEATRE GROUP

April 2023– Into The Woods

Annie Russell Theatre at Rollins College

June 2023– Desperate Measures

Winter Park Playhouse

For more information or to purchase tickets for any or all plays, contact Pat Taylor at 407-310-0028 or pattaylor854@gmail.com

TECHNOLOGY ADVISORY GROUP

Every fourth Monday– 6:00pm
Tech Room

Want to learn more about your phone, computer, or IT security? Learn from fellow residents.

2/27– Advanced– Digital Wallets

3/27– Advanced– Working with Zip Files & PDFs

4/24– Basics– Technology for Health & Family

THIRSTY THURSDAYS

Thursdays– 7:15pm
Community Locations

BYOB. Enjoy an evening with your fellow residents, meet new friends, and enjoy good conversation. Each group will have a different meeting location, residents are welcome at all groups no matter where they live. Click image to make larger.

Cherry Blossom South: Grassy area at top of pond

Cherry Blossom North: North-East corner

Ruby Rose: Inlet street

River Creek & Sandy Springs: Grassy area by lift station

Blue Pond & Citrus Grove: Cul-de-sac

Nature View & Mossy Oak: Grassy Area on Mossy Oak



WINE GROUP

Second Wednesdays– 7:00pm
Multipurpose Room

A group for wine enthusiasts. This month this group will explore wines and tasty treats from the state of Washington. Please bring something to share with the group.

MEET YOUR TRAINERS

LISA

For over 18 years Lisa has worked as a certified group exercise instructor and currently teaches at Lake Nona Golf & Country Club, Nemours Children's Health and is happy to now be a part of Del Webb Sunbridge. Her class specialties include indoor cycling, aqua aerobics, HIIT, bootcamp and body sculpt. Lisa is also the owner of Fitness 407, a specialized personal training business that focuses on toning, aerobic and stretching exercises. Her extensive background in the health and fitness industry enables her to create a personalized workout for each individual. As a certified group fitness instructor and results-oriented personal trainer, Lisa enjoys sharing her passion for inspiring others to reach their goals, improve their overall health and well-being, and develop a healthy lifestyle.



SABRINA

Sabrina loves getting to know people's strengths and weaknesses when it comes to finding the right program. She tailors your program based on what your needs are. She focuses on long term health and wellness where you can maintain motivation and consistency. She will focus a lot on core strength training and range of motion through functional training.

Areas of specialty: Core Strength, Functional Mobility, Yoga, Power Yoga.

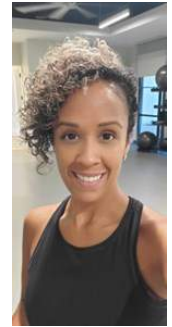
Education & Certificates: Masters public administration - Keller Graduate School, NASM CPT, Les Mills Core & Body Pump, Barre, AFAA Yoga.



MARLENE

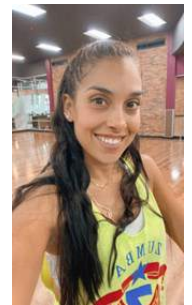
Marlene Gonzalez is an advocate of health/fitness and mindfulness for over 10 years. Her specializations/experiences are as follows:

Aquatic personal training, Strength and balance training, Pilates and balance training, Prenatal and postpartum yoga, Core strengthening yoga, Aerial yoga, Meditation guide, Athletic injuries and rehabilitation, Massage therapy, Weight loss management Marlene shares with us that her passion is to help strengthen peoples mind-body and spirit through physical and mental activity.



ALEX

My name is Alexaida, I am from Venezuela. I have two children. I studied economics until I started in the world of dance and since then I have dedicated myself to the world of dance. I love to dance. In my country I had a Salsa Academy for more than 10 years, I had the opportunity throughout those years to teach thousands of people and train more than 10 instructors, I have been a Zumba instructor for more than 13 years, dancing is my passion, I love teaching. I also taught other modalities of classes like Aqua Fit and strength and balance that help me have a balance between cardio and toning.



EXERCISE CLASSES

ADVANCED PICKLEBALL

Second & Third Mondays– 6:45pm
\$3.00

Sport Courts

Sharpen your pickleball skills.

AQUA FITNESS

Fridays & Saturdays– 11:15am
\$3.00

Resistance Pool

Wear a swimsuit, bring a noodle if you have one. Noodles and dumbbells will be available on a first come first serve basis.

BARRE BEFORE BAR

Fridays– 1:30pm
\$3.00

Group Fitness Room

A rigorous workout blending elements from ballet, Pilates, and yoga. Focuses on the core muscles that balance the body, awareness of breath and alignment of the spine. Bring water.

BEGINNER PICKLEBALL

Second & Third Mondays– 6:00pm
\$3.00

Sport Courts

Learn the basic skills of pickleball.

BEGINNER YOGA

Thursdays– 9:00am
\$3.00

Group Fitness Room

This yoga class is at a slower pace than an all-levels class. It is focused on developing clear and safe alignment in foundational poses. You will learn modifications and how to use props in this class. There are minimal chairs available if getting up and down on the floor is a challenge for you. Bring a mat, water and towel with you.

BODY SCULPT

Wednesdays– 1:30pm
\$3.00

Group Fitness Room

Tone muscles and increase strength by using a combination of weights and floor exercises. Core exercises and gentle stretching included to maximize your workout. Please bring comfortable shoes, water, a towel, a mat and weights if you would like.

GROUP LINE DANCE REVIEW

2/15– 3:00pm
\$3.00

Group Fitness Room

Learn all the fun group dance steps that you see at parties and weddings. Review classes (Uptown Funk, Cotton Eyed Joe, Cupid Shuffle, The Git Up, Jerusalem, Electric Slide, The Wobble, Cha Cha Slide) will be held the day before an event. Learn a new dance this week– Fancy Like by Walker Hayes.

HIIT FITNESS

Wednesdays– 12:30pm
\$3.00

Group Fitness Room

High-intensity interval training in a fun and energetic setting, focusing on strength and cardio moves to keep you burning calories to the max! Please bring comfortable shoes, water, towel, mat and weights if you would like.



EXERCISE CLASSES

HIKING GROUP

Every other Saturday– 9:00am
Sunbridge Base Camp
Resident Run

LEISURLY BIKE GROUP

Sundays– 9:00am
Hammock Club Parking Lot
Resident Run

PERSONAL TRAINING

Call for Times **Fitness Center**

Sabrina, Lisa, and Marlene are our onsite personal trainers. You will be able to book a private 30-minute personal training time slot with any of them. \$40 per 30 min session, \$60 per couple. Please reach out to the trainer of your preference to set up times:

Sabrina: (407) 808-1559
Lisa: (407) 340-6110
Marlene: (321) 217-5311

POWER YOGA

Saturdays– 10:00am
\$3.00
Group Fitness Room

Power Yoga with Marlene. This Yoga class in an intermediate Vinyasa yoga flow. It is a fast-paced class where we link breath to movement. It is focused on building strength and heating up your core. You will also challenge your balance in this class. Bring a mat and water.

YOGA

Mondays– 6:40pm
Thursdays– 7:00am
\$3.00

Group Fitness Room

This gentle yoga class incorporates a simple flowing sequence to warm up the body, as well as slower paced

movements focusing on alignment, strength, balance, and flexibility. Ending in a 5–7-minute Savasana/Meditation. Please bring a mat and water.



YOGALATES

Mondays– 5:45pm
\$3.00
Group Fitness Room

Yogalates is a fusion of yoga and Pilates offering you flexibility and core strengthening exercises. This class helps you dive deeper into toning and building your endurance we end with a 5 min meditation to recover. Please bring a mat and water.

ZUMBA

Tuesdays– 11:00am & 12:00pm
Thursdays– 12:00pm & 1:00pm
\$3.00

Group Fitness Room

This is a high energy dance exercise class. Please wear comfortable shoes and bring water and a towel.



KATRINA SCARBOROUGH, CFA, CCF, MCF OSCEOLA COUNTY PROPERTY APPRAISER

Join us for a presentation by Katrina Scarborough
on Homestead Exemptions and Portability.

Date: Thursday, Feb. 16, 2023

Time: 5:30 p.m. - 6:30 p.m.

Location: The Hammock Club,
2600 Del Webb Boulevard
St. Cloud, Fl. 34771

Follow Us On:



OCPA OFFICE
2505 E Irlo Bronson Memorial Hwy
Kissimmee, FL 34744

HOURS OF OPERATION
Monday - Friday: 8 am to 5 pm
Closed Saturday and Sunday
BILINGUAL CUSTOMER SERVICE STAFF

PHONE NUMBER
407-742-5000

EMAIL
info@property-appraiser.org

LIVE CHAT ON WEBSITE

RSVP to Del Webb Sunbridge HOA app or
<https://www.delwebbsunbridgehoa.com/group/pages/event-calendar>

Please call to make an appointment.



Marlene
(321) 217-5311

Personal Training

Sabrina
(407) 808-1559



Marlene, Sabrina, and Lisa are three
of our onsite personal trainers.

30 minute time slots
\$40 per 30 min session
\$60 per couple

Lisa
(407) 340-6110



Fitness Center
Made with PosterMyWall.com



Safer Driving may save you money

Take the AARP Smart Driver Classroom course and you could save on your car insurance

- Refresh your driving skills and knowledge of the rules of the road
- Learn Techniques for handling left turns, right-of-way and roundabouts
- Discover proven driving methods to help keep you and your loved ones safe on the road

Saturday February 11– 9:00am-3:00pm

Location: Tech Room

Price: \$20 for AARP members

\$25 for non members

Register: sign up using the DWS App

To pay for this class you **MUST** bring a check made out to AARP for the amount indicated to the left

What to Bring with you:

Payment, lunch, driver's license, and your AARP card if you are a member

For questions about this class, please speak with Dulce DeVilla– 786-395-0403

For more courses visit www.aarp.org/driving36 or call 888-773-7160

Upcoming Guest Speakers

● MARCH


- 3/6, 6:00pm- HOA Website How To
- 3/8, 6:00pm- Turtle Talk 101
- 3/9, 6:00pm- Gastroenterology with Dr. Paul Panzarella
- 3/11, 3:30pm- Resident Spotlight- Bob Smart
- 3/29, 6:00pm- Alzheimer's and Dementia with VITAS

● APRIL

- 4/19, 6:00pm- Resident Spotlight, Mary Lu Williams-Link- Women's Nutrition
- TBD- HomeInstead In-Home Healthcare Presentation
- TBD- Medicare Informational Presentation



Del Webb Sunbridge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Open Pickleball Play Every Day 8:00am-10:00am 7:00pm-9:00pm</p>	<p>Any events that have this symbol (*) attached to it, is available to register online and either has a deadline or requires payment in order to attend event.</p>	<p>Any events that have this symbol (#) attached to it, requires payment to an outside vendor in order to attend event. Order tickets ahead of time.</p>	<p>9:00am Sunbridge Stitchin' Sisters 10:30am Bridge 12:30pm HIIT Fitness* 1:30pm Body Sculpt* 3:00pm Euchre 7:00pm Canasta/Hand & Foot 7:00pm Mustard Seeds 7:00pm 12 Stones Group</p>	<p>7:00am Yoga* 9:00am Beginner Yoga* 11:00am Rummikub 12:00pm Zumba* 1:00pm Zumba* 2:00pm UF/UCF Landscaping Study* 2:00pm Canasta/Hand & Foot 6:00pm UF/UCF Landscaping Study* 7:15pm Thirsty Thursday Cherry Blossom North / Ruby Rose</p>	<p>10:30am Scrabble 11:15am Aqua Fitness* 1:30pm Barre Before Bar* 2:00pm Dominoes 5:30pm Tavern Music</p>	<p>10:00am Power Yoga* 11:15am Aqua Fitness* 9:00am Volunteer Group Informational Meeting</p>
<p>9:00am Leisurely Bike Ride Group 2:00pm Mahjong 4:00pm Progressive Dinner*</p>	<p>10:00am Fitness Center Orientation* 10:30am Fitness Center Orientation* 10:30am Mangrove Kayak Tour# 11:00am Art Meet 1:00pm Mahjong 5:45pm Yogalates* 6:00pm HOA App How To* 6:40pm Yoga*</p>	<p>11:00am Mexican Train 11:00am Zumba* 12:00pm Zumba* 1:00pm Quilters Corner 2:00pm Canasta/Hand & Foot 5:30pm New Comers Spanish Class 6:30pm Pinochle 6:45pm Intermediate Spanish Class 7:00pm Concert Series– Finger Foods & Dancing Feet with Cliff Erickson*</p>	<p>9:00am Sunbridge Stitchin' Sisters 10:30am Bridge 12:00pm Ladies Lunch* 12:30pm HIIT Fitness* 1:30pm Body Sculpt* 3:00pm Cribbage 5:30pm Resident Spotlight– Cookie Decorating* 7:00pm Wine Group 7:00pm 12 Stones Group</p>	<p>7:00am Yoga* 9:00am Beginner Yoga* 11:00am Rummikub 12:00pm Zumba* 1:00pm Zumba* 2:00pm Canasta/Hand & Foot 5:00pm Art Series– Intro to Pastels* 6:00pm Meeting with the Manager* 7:15pm Thirsty Thursday Cherry Blossom South / River Creek & Sandy Springs</p>	<p>10:30am Scrabble 11:15am Aqua Fitness* 1:30pm Barre Before Bar* 2:00pm Dominoes 5:30pm Tavern Music</p>	<p>9:00am Hiking Group 9:00am AARP Safe Driving Course* 10:00am Power Yoga* 11:15am Aqua Fitness*</p>
<p>9:00am Leisurely Bike Ride Group 10:30am Outdoor Activities Group Informational Meeting 2:00pm Mahjong</p>	<p>9:00am Morning Get Together 1:00pm Mahjong 5:45pm Yogalates* 6:00pm Beginner Pickleball Class* 6:30pm Bunco 6:40pm Yoga* 6:45pm Advanced Pickleball Class* 7:00pm Book Group</p>	<p>Valentine's Day 11:00am Mexican Train 11:00am Zumba* 12:00pm Zumba* 1:00pm SCH Crafts 2:00pm Canasta/Hand & Foot 2:00pm AED & First Aid Training* 4:00pm Backgammon 5:30pm New Comers Spanish Class 6:30pm Pinochle 6:45pm Intermediate Spanish Class</p>	<p>9:00am Sunbridge Stitchin' Sisters 10:30am Bridge 12:30pm HIIT Fitness* 1:30pm Body Sculpt* 3:00pm Euchre 3:00pm Group Line Dance 6:00pm Estate Planning Seminar* 7:00pm Mustard Seeds 7:00pm 12 Stones Group</p>	<p>7:00am Yoga* 9:00am Beginner Yoga* 11:00am Rummikub 12:00 Men's Lunch * 12:00pm Zumba* 1:00pm Zumba* 2:00pm Canasta/Hand & Foot 5:30pm Homestead Exemption Seminar* 7:15pm Thirsty Thursday Blue Pond & Citrus Grove / Nature View & Mossy Oak</p>	<p>10:30am Scrabble 11:15am Aqua Fitness* 1:30pm Barre Before Bar* 2:00pm Dominoes 5:30pm Tavern Music</p>	<p>10:00am Power Yoga* 11:15am Aqua Fitness* 2:00pm Brew Crew– Ellipsis 6:30pm Violectric Quartet Concert*</p>
<p>9:00am Leisurely Bike Ride Group 1:00pm Chili Cookoff* 2:00pm Mahjong</p>	<p>9:00am Shooting Range 10:00am Fitness Center Orientation* 10:30am Fitness Center Orientation* 11:00am Art Meet 1:00pm Mahjong 5:45pm Yogalates* 6:00pm ABC Tastings 6:00pm Beginner Pickleball Class* 6:40pm Yoga* 6:45pm Advanced Pickleball Class*</p>	<p>11:00am Mexican Train 11:00am Zumba* 12:00pm Zumba* 1:00pm Quilters Corner 2:00pm Canasta/Hand & Foot 5:30pm New Comers Spanish Class 6:30pm Pinochle 6:45pm Intermediate Spanish Class</p>	<p>9:00am Sunbridge Stitchin' Sisters 10:30am Bridge 12:30pm HIIT Fitness* 1:30pm Body Sculpt* 2:00pm Charter Club Informational Meeting 3:00pm Cribbage 6:00pm Music Trivia* 7:00pm Canasta/Hand & Foot 7:00pm 12 Stones Group</p>	<p>7:00am Yoga* 8:00am Onspot Dermatology 9:00am Beginner Yoga* 11:00am Rummikub 12:00pm Zumba* 1:00pm Zumba* 1:30pm Truck Festival 2:00pm Canasta/Hand & Foot 6:00pm New Homeowner Orientation* 6:00pm A&E– Rum / New Orleans</p>	<p>10:30am Scrabble 11:15am Aqua Fitness* 1:30pm Barre Before Bar* 2:00pm Dominoes 5:30pm Tavern Music 6:00pm Approaches to caring for Spine & Joints*</p>	<p>9:00am Hiking Group 9:30am Art Series– Intro to Pastels* 10:00am Power Yoga* 11:15am Aqua Fitness*</p>
<p>9:00am Leisurely Bike Ride Group 2:00pm Mahjong 2:00pm Bowling Group</p>	<p>9:00am Morning Get Together 1:00pm Mahjong 5:45pm Yogalates* 6:00pm Technology Advisory Group* 6:30pm Bunco 6:40pm Yoga*</p>	<p>11:00am Mexican Train 11:00am Zumba* 12:00pm Zumba* 1:00pm SCH Crafts 2:00pm Canasta/Hand & Foot 4:00pm Backgammon 5:30pm New Comers Spanish Class 6:30pm Pinochle 6:45pm Intermediate Spanish Class</p>	<p>Call for Personal Training Sabrina: (407) 808-1559 Lisa: (407) 340-6110 Marlene: (321) 217-5311 30 minute time slots \$40 per slot \$60 per couple session</p>	<p>St. Patrick's Day Celebration with The Byrne Brothers Join the Byrne Bros. straight from Ireland for some fantastic music and dancing Sunday March 19 at 4:00pm \$14.00</p>	<p>Casino Night Experience the real feel of the casino at home. No money exchanged, fake money vouchers will be distributed. Prizes raffled at end of night. Saturday April 22 at 5:30pm \$30.00</p>	<p>Please see descriptions in the newsletter or online for cost & description of all Lifestyle Events.</p>

FEBRUARY LIFESTYLE PROGRAMMING GUIDE

UF/UCF LANDSCAPING STYLE STUDY

Thursday 2/2–2:00pm, 6:00pm

Multipurpose Room

Understanding the Environmental and Economic Costs and Benefits of Different Landscaping Styles – A meet up with the scientists on a collaborative University of Florida and University of Central Florida study being conducted by Dr. Basil Iannone (UF) and Dr. Patrick Bohlen (UCF).

VOLUNTEER GROUP INFORMATIONAL MEETING

Saturday 2/4– 9:00am

Multipurpose Room

Calling all community service volunteers. If you like to pay it forward, come to our first meeting. Our goal is to volunteer as a group once a month. We will discuss locations and dates. Some places we may consider are the Ronald McDonald House, Give Kids the World Village, etc. (additional suggestions greatly appreciated). We look forward to seeing all those who are interested.

For more information please contact Mayra Hung at 848-333-6913.

PROGRESSIVE DINNER

Sunday 2/5– 4:00pm

Random Community Households

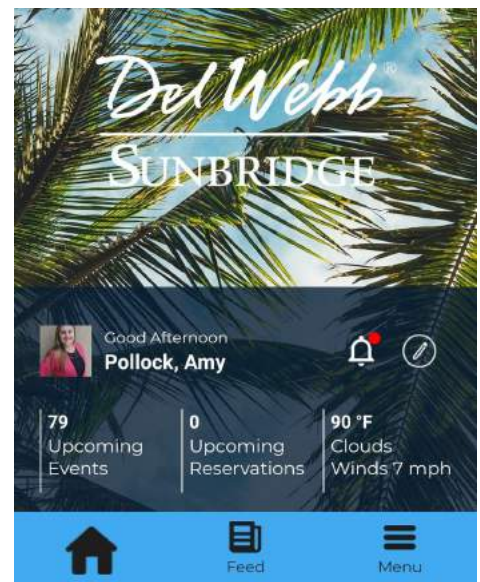
Enjoy dinner with 2-3 other random households. Each group will be randomly chosen, and each household will be designated a course for the evening (appetizer, entrée, dessert, etc). Household groups will be informed by Tuesday, January 31st to give them time to shop and plan their course.

HOA APP “HOW TO” SEMINAR

Monday 2/6– 6:00pm

Tech Room

Learn what is available on the HOA app. Ask questions on how things work or where to find certain items.



FEBRUARY LIFESTYLE PROGRAMMING GUIDE

CONCERT SERIES– FINGER FOODS & DANCING FEET WITH CLIFF ERICKSON

Tuesday 2/7– 7:00pm

\$8.00

Multipurpose Room

Bring your special requests for Cliff Erickson to play on his guitar. Ticket price includes a small appetizer pack. Feel free to bring your own snacks and drinks.

Please remember no glass is allowed at the Hammock Club.

LADIES LUNCH BUFFET

Wednesday 2/8– 12:00pm

\$13.95

Multipurpose Room

Enjoy a special South of the Border buffet style lunch while getting to know your neighbors. After lunch plan to stay for some “getting to know you” type games. Ticket price can be applied towards your tavern credit.

RESIDENT SPOTLIGHT– MARIA LOMANGINO & PATRICE BARRY

Cookie Decorating

Wednesday 2/8– 5:30pm

Wet Craft Room

Learn how to roll and cut cookie dough using a foolproof method. Learn how to make royal icing for piping and flooding.



FEBRUARY LIFESTYLE PROGRAMMING GUIDE

MEETING WITH THE MANAGER

Thursday 2/9– 6:00pm

Multipurpose Room

Receive a general update of the community and HOA

AARP SAFE DRIVING COURSE

Saturday 2/11– 9:00am

Tech Room

Take the AARP Smart Driver Classroom course to save money on your insurance. Lead by Resident Dulce DeVilla. Price: \$20 for AARP members, \$25 for non members. To pay for this class you MUST bring a check made out to AARP for the amount indicated.

Register: Sign up using the DWS App or website.

What to Bring with you: Payment, Lunch, Drivers license, and your AARP card if you are a member.



OUTDOOR ACTIVITIES GROUP MEETING

Sunday 2/12– 10:30am

Multipurpose Room

Come to discuss adventures for future outdoor activities and destinations.



AED & FIRST AID TRAINING

Tuesday 2/14– 2:00pm

Tech Room

Join resident Kelly Eberbach as she demonstrates how to use an AED and proper first aid techniques. This is not a certification course but will demonstrate proper use of technique.



ESTATE PLANNING SEMINAR

Wednesday 2/15– 6:00pm

Multipurpose Room

People put off estate planning because they think they do not own enough, they are not old enough, it will be costly or confusing, they will have plenty of time to do it later, they do not know where to begin or who can help them, or they just do not want to think about it. Join Certified Tax Attorney & CPA Gerrard Grant to learn more about estate planning and what you can do now to be ready for the future.

FEBRUARY LIFESTYLE PROGRAMMING GUIDE

MEN'S LUNCH BUFFET

Thursday 2/16– 12:00pm

\$13.95

Sabal Tavern

Enjoy a special South of the Border buffet style lunch while getting to know your neighbors. After lunch plan to stay for some “getting to know you” type games. Ticket price can be applied towards your tavern credit.

HOMESTEAD EXEMPTIONS & PORTABILITY PRESENTATION

Thursday 2/16– 5:30pm

Multipurpose Room

Meet with Katrina Scarborough of the Osceola County Property Appraiser's office and learn about Homestead Exemption. Please bring your FL Driver's License and Social Security number to file onsite after the presentation.

MARDI GRAS VIOLECTRIC QUARTET CONCERT

Saturday 2/18– 6:30pm

\$20.00

Multipurpose Room/ Outdoor Amphitheater

Join us for a light filled Mardi gras celebration. Violectric is a live band playing everything from top hits from the 1960's up to contemporary including The Beatles, Led Zeppelin, Metallica, Coldplay, Maroon 5, SIA, and many others. From international sold-out stage shows to being the featured entertainment for countless private and corporate events, Violectric meets all entertainment needs. When you see their lighted LED instruments, you will understand why they wow audiences world-wide. Each instrument has self-contained wireless controlled LED lighting.



CHILI COOK OFF

Sunday 2/19– 1:00pm

Multipurpose Room

Think your chili is the best? Let's warm up February with a Chili Cook Off! Make a pot of chili to be blind taste tested by friends and fellow residents.

Sign up required for those making chili. Chili must be dropped off to the Multipurpose room by 12:30pm. Taste testers, feel free to join us in the Multipurpose room from 1:00pm– 3:00pm. Winner will receive bragging rights for the rest of the year!



FEBRUARY LIFESTYLE PROGRAMMING GUIDE

CHARTER CLUB INFORMATIONAL MEETING

Wednesday 2/22– 2:00pm

Multipurpose Room

Learn more about Charter Clubs.

MUSIC TRIVIA

Wednesday 2/22– 6:00pm

Multipurpose Room

Guess the song name and artist from listening to about 15 seconds of a song.

ONSPOT DERMATOLOGY

Thursday 2/23– 8:00am

Hammock Club Parking Lot

OnSpot is a full service dermatology clinic, offering all major dermatology services you'd find at a typical office such as skin cancer screenings, acne and eczema treatments, biopsies and liquid nitrogen, and even Botox and other cosmetics. Instead of leaving the community to go to the dermatologist, they bring the office to YOU! There are appointment times available for Thursday, February 23rd. Space is limited, so call OnSpot at 941-444-0011 or visit www.onspotdermatology.com/sunbridge to reserve your spot!

TRUCK FESTIVAL

Thursday 2/23– 1:30pm-6:30pm

Hammock Club Parking Lot

Purchase services from food trucks, barbershops, auto detailing, pet grooming, local seafood, and more!

NEW HOMEOWNER ORIENTATION

Thursday 2/23– 6:00pm

Tech Room

We ask that all homeowners attend at least one of these meetings. Rules and Regulations and the Architectural Criteria will be reviewed in detail.

APPROACHES TO CARING FOR SPINE AND JOINTS

Friday 2/24- 6:00pm

Multipurpose Room

Learn more about spinal decompression therapy and regenerative treatments for joints. Non surgical regenerative treatment of knees and shoulders will also be discussed for people suffering with osteoarthritis.

Presenting: The Doctor of Physical Therapy who will go over exercise rehab programs. A Nurse Practitioner will discuss different treatment for knees, shoulders and other body parts. The Doctor of Chiropractic will discuss spinal decompression therapy.

FEBRUARY LIFESTYLE PROGRAMMING GUIDE



Truck FESTIVAL

February 23, 2023

Trucks will include dog grooming, barbershop, local seafood, fresh produce, mobile detailing, food trucks and more!



The #1 dermatology practice in Florida - according to Google reviews!

Mobile Dermatology at Del Webb Sunbridge

Thursday, February 23rd
8:00AM - 5:00PM
Main Clubhouse Lot

— 15 Minutes Could Save Your Life —



- Most major insurances accepted, including Medicare
- Services include skin cancer exams, acne, eczema & psoriasis treatments, Botox® & fillers, Mohs surgery and more!

— Appointments Recommended! —

Book at (941) 444-0011
or onspotdermatology.com/sunbridge

FREE ENTRY
1:30pm - 6:30pm

The Hammock Club
2600 Del Webb Boulevard St. Cloud, FL 34771



Violectric

SATURDAY,
FEBRUARY 18TH
AT 6:30PM

As the world's only string rock band of its kind, Violectric illuminates the stage and the audience's senses through the use of cutting-edge technology and interactive experiences. Their repertoire spans rock 'n' roll history, and every song is played LIVE. From The Beatles to Ozzy Osbourne, Maroon 5 to SIA, their performances consist of proprietary arrangements you won't hear anywhere else.

*A one of a kind
Quartet
Glow with us for
Mardi Gras
\$20*

Del Webb
SUNBRIDGE



Del Webb
SUNBRIDGE



APR
22

5:30
PM



CASINO NIGHT

• CARD TABLES • MUSIC • RAFFLES •

JOIN US IN THE MULTIPURPOSE ROOM FOR AN EVENING OF FUN. EXPERIENCE THE REAL FEEL OF THE CASINO AT HOME. NO MONEY EXCHANGED. FAKE MONEY VOUCHERS WILL BE DISTRIBUTED. PRIZES RAFFLED AT THE END OF THE NIGHT. EVENT TICKET \$30

Made with PosterMyWall.com



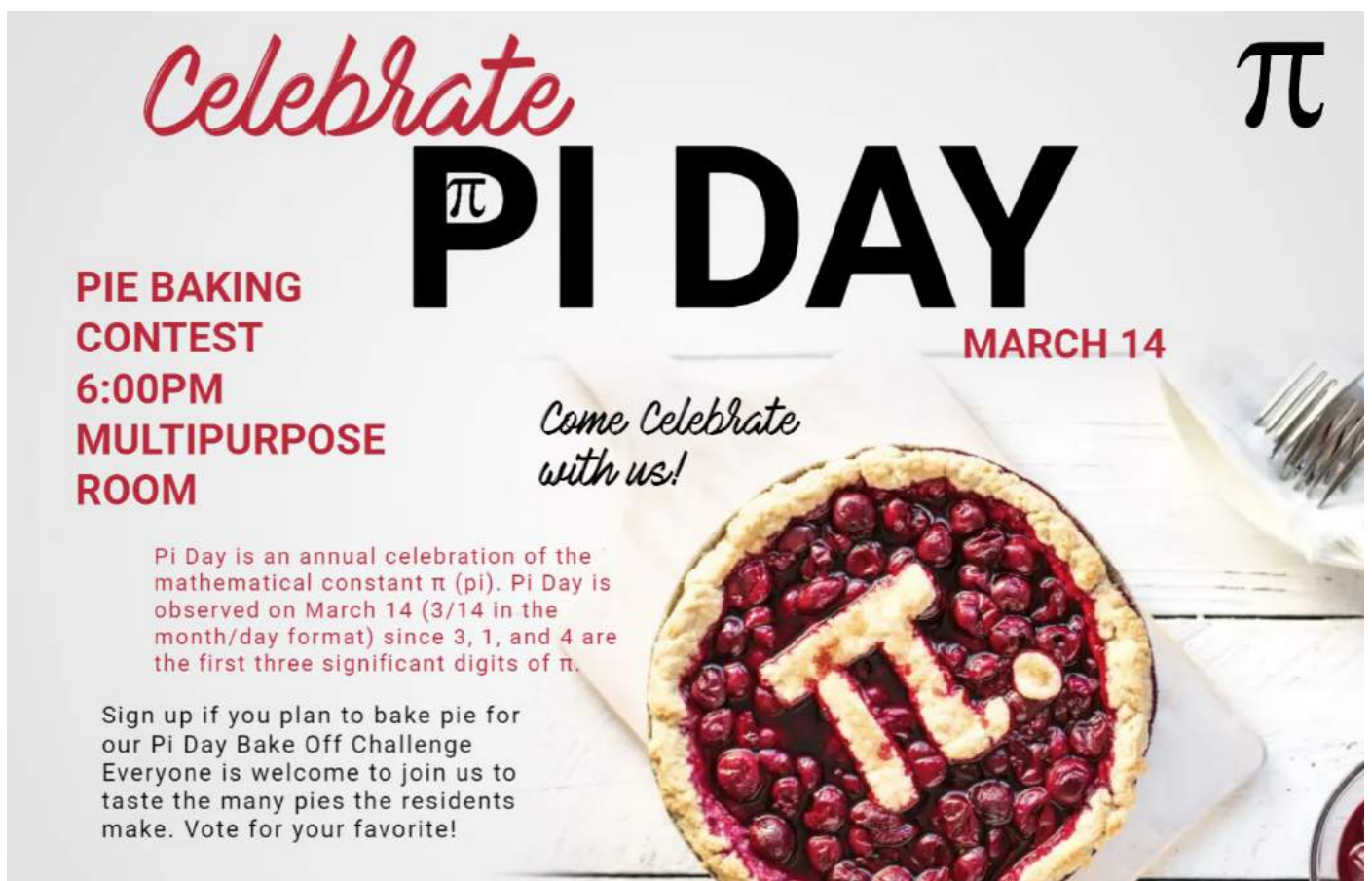
St. Patrick's Day Party

Join the Byrne Bros. straight from Ireland for some fantastic music and dancing

March 19th 4:00pm \$14

Wishing you all the luck of the Irish this St. Patrick's Day!

Made with PosterMyWall.com



Celebrate π

PI DAY

PIE BAKING CONTEST
6:00PM
MULTIPURPOSE ROOM

MARCH 14

Come Celebrate with us!

Pi Day is an annual celebration of the mathematical constant π (pi). Pi Day is observed on March 14 (3/14 in the month/day format) since 3, 1, and 4 are the first three significant digits of π .

Sign up if you plan to bake pie for our Pi Day Bake Off Challenge. Everyone is welcome to join us to taste the many pies the residents make. Vote for your favorite!



THE SABAL TAVERN

FEBRUARY 2023

**Specials/event dates/times are subject to change

HAPPY HOUR!

- Every Wednesday-Sunday 3:00pm-6:00pm
- Half Price Appetizers
- \$4.00 wine & beer drafts, Margaritas (flavors will vary), & Sangria

LIVE MUSIC- 5:30PM

- Friday, 2/3- Marc Osborn
- Friday, 2/10- Willie Rast
- Friday, 2/17- Fred Ramos
- Friday, 2/24- Kevin Nayme

SPECIAL EVENTS

- Ladies Lunch Buffet
 - Wednesday, 2/8 12pm-2pm
 - Special South of the Border Buffet Menu
 - Reservations required
- Men's Lunch Buffet
 - Thursday, 2/16 12pm-2pm
 - Special South of the Border Buffet Menu
 - Reservations required



PLEASE VISIT THE [SABAL TAVERN PAGE](#) AFTER LOGGING INTO THE HOA WEBSITE

SABAL TAVERN HOURS:

- Sunday: 12:00pm-7:00pm
- Monday: Closed
- Tuesday: Closed
- Wednesday: 12:00pm-7:00pm
- Thursday: 12:00pm-7:00pm
- Friday: 12:00pm-9:00pm
- Saturday: 12:00pm-9:00pm

The Sabal Tavern Advisory Committee Happenings

“RESIDENTS WORKING TOGETHER TO CREATE ENJOYABLE EXPERIENCES AROUND DELICIOUS FOOD AND DRINK TO FOSTER YOUR FONDEST MEMORIES WITH FRIENDS AT THE TAVERN.”

FIRST MEN’S LUNCH

The first Men's Luncheon of 2023 was hosted by the Sabal Tavern staff on January 19. So much appreciation is due to those residents that attended, coupled with the outstanding food and service provided by the Sabal Tavern staff. An after-lunch survey of residents revealed an interest in continuing this event each month. The residents expressed their satisfaction personally during the course of the luncheon and afterward. It all started out with our Lifestyle Director, Amy, making all of the assigned seating arrangements and extending her role as the official greeter. The server staff was wonderful, as usual, getting the drink and food orders to the residents in a timely manner. The kitchen staff under the direction and supervisor of Ernie Hahne and Michael Riggs created a wonderful menu for us to enjoy. Thanks to all of you for making this a memorable and successful event for the Sabal Tavern and the Sunbridge Community. See you next month.



Alton (Al) Robinson
Sabal Tavern Advisory Committee - Chair



Landscape Update

We are working hard to get through pending work orders and want to thank you for your patience.

The yearly mulch refresh project has been scheduled to begin in mid-February. To ensure this project is done in a timely manner, Exclusive Landscaping will be blowing the mulch in by truck. This system uses air to blow mulch stored in the truck, through the hose, and into the landscape beds. A schedule will be published in advance of the installation. Homes that received a change out from pine bark to shredded mulch in the months of August – December 2022 will be refreshed in August of 2023.

Wet checks will be completed on a bi-monthly basis. All timers will be set to the recommended time frames mandated by the Water Management District. Timers will be programmed to run two days a week. Each zone will run for 30 minutes starting as early as 12:00 am. New locks will be placed on all irrigation boxes. We ask that you do not tamper with the irrigation boxes.

Mowing will be completed on a bi-weekly basis from November 2022 through March 2023. Your standard mow schedule consists of mowing, edging, and blowing off your hardscapes. We will not enter screen enclosures.

Thank you

Karina Gonzalez

Seasonal Changes

Please note there are many plant species that go dormant in the winter months, even in Florida. Many of these plants, trees, and bushes may seem dead but will show greenery again as the spring season nears and the weather continues to warm up.



LANDSCAPE INFORMATION

**Landscape
Relationship
Coordinator**



Karina Gonzalez

**kgonzalez
@castlegroup.com**

For any landscaping inquiries, please use the Member Service Request system on our website or app.

Exclusive Landscaping is the ONLY vendor permitted to modify and perform work on landscaping in the community.

Please include your name, address, pictures, and work order number with all email communications.

The calendar is subject to change due to weather.

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 Lawn Mowing Model Park Homes, Sales Center, Residential Homes	31 Lawn Mowing Residential Homes	1 Lawn Mowing Residential Homes	2 Lawn Mowing Residential Homes, Ponds, Cyrils, and Del Webb Boulevard	3 Lawn Mowing Overflow day	4
Week 1- Detail Crew: Cherry Blossom Loop						
5	6	7	8	9	10	11
Week 2- Detail Crew: Blue Pond, Citrus Grove, River Creek, Sandy Spring						
12	13 Lawn Mowing Model Park Homes, Sales Center, Residential Homes	14 Lawn Mowing Residential Homes	15 Lawn Mowing Residential Homes	16 Lawn Mowing Residential Homes, Ponds, Cyrils, and Del Webb Boulevard	17 Lawn Mowing Overflow day	18
Week 3- Detail Crew: Ruby Rose, Nature View, Mossy Oak						
19	20	21	22	23	24	25
Week 4- Detail Crew: Del Webb Blvd, Sales office, Hammock Club						
26	27 Lawn Mowing Model Park Homes, Sales Center, Residential Homes	28 Lawn Mowing Residential Homes	29 Lawn Mowing Residential Homes	30 Lawn Mowing Residential Homes, Ponds, Cyrils, and Del Webb Boulevard	31 Lawn Mowing Overflow day	

Detail Crew Schedule Job Description: Weeding including spraying of driveway and walkway and trimming of bushes/plants

HOW TO ADD YOURSELF TO THE RESIDENT DIRECTORY ON THE WEBSITE

Go to Resident Services > My Profile > My Settings
Scroll to the bottom and unclick “hide profile.” Then click any information you would like to share in the member directory.
Click SAVE.

Look for this logo when downloading the Del Webb Sunbridge app



Del Webb Sunbridge HOA
Northstar Technologies Inc • Lifestyle
☑ Installed



WEBSITE INFORMATION

The website and app are both sources with so much information. On the website you can find all your forms, documents, meeting minutes, newsletters, FAQs, and contact information.

If you are having any issues with your member log in, please reach out to Amy
apollock@castlegroup.com

www.delwebbsunbridgehoa.com

View Your Sabal Tavern Credit Book

App: Click Menu > Click Credit Book

Website: Resident Services > My Hammock Club Account > Credit Book

You can also view monthly statements and recent charges to your credit card from the Sabal Tavern in My Hammock Club Account.

Give others in your household permission to view statements and credit books on the website:
Resident Services > My Settings > Show My Statements, Show My Credit Books. Click SAVE.

Canceling Events

As a reminder, if you cannot make an event that you signed up for, please cancel your reservation so others can utilize that space. You can do this both on the website and the app.

Website: Click on the event > View Details > View Existing Reservation > Cancel Reservation.

App: Click Upcoming Reservations . click the red trash can next to the upcoming event you want to cancel.